



## Alabama Department of Child Abuse & Neglect Prevention

### COVID-19 RESOURCES

#### ***Alabama Resources:***

Alabama Department of Public Health COVID-19 Testing Hotline: [1-888-264-2256](tel:1-888-264-2256)

#### **Latest State Guidance on COVID-19:**

<https://www.alabamapublichealth.gov/infectiousdiseases/2019-coronavirus.html>

#### **Governor Office's comprehensive guide for COVID-19 Resources:**

[Altogetheralabama.org](http://Altogetheralabama.org)

#### **COVID-19 Information Hub**

<https://covid19.alabama.gov/>

#### **Information on the CARES Act and Filing for Unemployment**

<https://labor.alabama.gov/COVID/CARES%20Act%20FAQ.pdf>

**The Parenting Assistance Line (PAL):** a free service available to anyone who wants information and support in becoming a more confident parent or caregiver. Call or text [866-962-3030](tel:866-962-3030).

[Pal.ua.edu](http://Pal.ua.edu)

#### ***To inform and support organizations:***

CWLA: Tips for preparing information and creating partnerships

<https://www.cwla.org/wp-content/uploads/2020/03/CWLA-COVID-19-Tip-Guide.pdf>

Child Trends: Utilizing telehealth during the COVID-19 pandemic to help connect home visiting services to families:

<https://mailchi.mp/999356a38426/during-the-covid-19-pandemic-telehealth-can-help-connect-home-visiting-services-to-families?e=c46bbf3bac>

ARCH: Identifying resources for respite and family caregiver organizations

<https://archrespite.org/Covid-19-Respite-Resources>

***For programs to inform and support families:***

Prevent Child Abuse America: Tips for staying connected

<https://preventchildabuse.org/coronavirus-resources/>

The Child Mind Institute: Suggestions on talking with children about COVID-19

<https://childmind.org/article/talking-to-kids-about-the-coronavirus/>

SAMHSA: Guidance on talking with children about infectious disease

[https://store.samhsa.gov/product/Talking-With-Children-Tips-for-Caregivers-Parents-and-Teachers-During-Infectious-Disease-Outbreaks/PEP20-01-01-006?referer=from\\_search\\_result](https://store.samhsa.gov/product/Talking-With-Children-Tips-for-Caregivers-Parents-and-Teachers-During-Infectious-Disease-Outbreaks/PEP20-01-01-006?referer=from_search_result)

Zero to Three: resources offer tips for families including age-appropriate responses to common questions, a guide to self-care, and activities for young children experiencing social distancing.

<https://www.zerotothree.org/resources/3210-tips-for-families-coronavirus>

Be Strong Families: Resources to stay strong and positive based on each of the protective factors.

<https://www.beststrongfamilies.org/covid-19-support>

CDC Guidelines and resources:

<https://www.cdc.gov/coronavirus/2019-ncov/>

[https://www.whitehouse.gov/wp-content/uploads/2020/03/03.16.20\\_coronavirus-guidance\\_8.5x11\\_315PM.pdf](https://www.whitehouse.gov/wp-content/uploads/2020/03/03.16.20_coronavirus-guidance_8.5x11_315PM.pdf)

Children's Bureau:

<https://www.acf.hhs.gov/coronavirus>